Hertfordshire Volleyball Association Junior Development Programme

Mission Statement

To start a county wide programme to encourage the development of junior volleyball (Year 9/13yrs-Year 13/18yrs) in Hertfordshire

Specifically, to form an umbrella organization for after-school volleyball clubs in Hertfordshire with a centralised Saturday training programme for higher level players selected from those clubs.

Actions

- 1) to access an audit already undertaken by the EVA to find out what is currently being done for junior volleyball within schools in Hertfordshire
- 2) Send an invitation email to contacts from that database offering help in establishing their own after-school volleyball club (ASVC). Benefits of getting involved include:
 - a) possibly funding an initial Level 1 coaching course or offer INSET training
 - b) providing loan of HVA equipment until the club is firmly established
 - c) organise a day when ASVC instructors can come together to see how session are run
 - d) offer a unified Merit Award Scheme for instructors to follow (see Handbook for details)
 - e) guest coaching and selection for higher level Saturday club
- 3) Contact specific schools who already run junior volleyball activities to inform them of the new HVA Junior Development Programme and secure their participation
- 4) Research programmes that are being run locally (eg at St Clement Danes) and at a county level (eg Wessex)
- 5) Approach Paul Westhead about running a Level 1 coaching course in September (possibly followed by a Level 2 in October)
- 6) Establish Saturday club at the Rudolf Steiner School 12-2pm (to start immediately followed by the first intake of players from the ASVCs after half-term ie Sat 5th Nov)
- 7) Secure people to undertake the following responsibilities: Assistant Coach (from Sat 5th Nov), Administration (immediate), Finance (asap), Fundraising (immediate).
- 8) If the programme is successful, establish secondary club to run at the Watford YMCA.

Stakeholders

- Coach and Central Contact Dawn Graceson (email: dawn.graceson1@ntlworld.com)
- Assistant Coach TBC
- Administration Amanda Barraclough (email: amanda.barraclough@tesco.net)
- Finance TBC
- Funding Darren Chason (email: <u>darrenc@toodlepip.com</u>)

Immediate Actions

- Dawn Graceson to complete a First Aid Course (incl CPR training)
- Dawn Graceson to liaise with Geert Alkema about the times and venue of the Saturday Club (the Rudolf Steiner School have agreed to provide the sports hall free of charge in return for roughly 10 places at the Saturday Club for their students)
- Amanda Barraclough to affiliate the HVA Saturday Club with the EVA
- Darren to approach selected bodies for funding
- Dawn Graceson to recruit Treasurer and Assistant Coach
- Dawn Graceson to set up a Clubs and Societies Bank Account with the Treasurer

Costs

Immediate

HVA Loan Balls – 4 x 5 balls at £12 = £240 Saturday Club Balls – 6 balls at £30 = £180 Net – Extra long training net £100 and regular net £120 = £220 First Aid Course incl. Sports Injury and CPR training x 2 – £420 First Aid Kit/Medical Bag – £45 Level 1 Volleyball Courses – 6 x Level 1 at £50 per head = £300 EVA Affiliation – £24 Total – £1429

Additional

Antennae - £90

Ball Wagon - £100

Coaching Board - £50

Knee Pads - 12 x £5 = £60

Kit - 12 shirts x £30 = £360

Post Pads - £160

Whistles, pumps and pressure gauge - £37

Score unit and scoresheets - £60

Total - £917

Total Start-up costs - £2346

Funding/Income

Funding

The following are to be approached:

- The Herts Sports Partnership
- Awards For All (Lottery Grants)
- Allen Charitable Trust
- Foundation for Sports and the Arts
- New Opportunities Fund Out of School Hours Learning
- The Prince's Trust
- Sport Aid Charitable Trust
- Sport England (National Lottery Fund)
- Youth Adventure

Estimated Total Contribution - £3000

Income

Based on 8-10 external players contributing £2 per session, £20 per week x 40 = £800

Projected Income vs Expenditure

Worse Case Scenario

- Immediate start-up costs only £1429
- Hall Hire £0
- + Income from players £800

-£629

In the worst-case scenario, we would ask the HVA for an initial contribution of £700 plus a loan amount of £729 (total amount needed for immediate start-up costs). The loan amount will be paid back via session fees at the end of the year. The programme will then be self-sustaining, with following years' income going towards the additional equipment detailed above.

Best Case Scenario

- Total start-up costs £2346
- Hall Hire £0
- + Income from players £800
- +Funding from various bodies estimated at £3000

+£1454

In the best-case scenario, we would ask the HVA for a loan amount of £1429 (immediate start-up costs) to be repaid on allocation of funding from one of the charitable bodies listed above. The funding will also enable us to purchase the additional equipment (£917) with capital to spare for future expenditure. The programme will be self-sustaining once these initial costs are met.

Special Concerns - Child Protection

The programme will follow the Implementation Guide outlined by the EVA in their Junior Development Handbook – namely:

- to ensure that all staff are trained
- to undertake coaching risk assessment
- to ensure that all members of the Saturday Club either self-declare or are CRB checked
- to follow the EVA guidelines on the use of photography
- to establish procedures for recording incidents, responding to disclosures etc
- to ask parents to complete a personal details and consent form
- to keep an attendance register

For more information, please refer to the section on Child Protection in the Handbook.